

Mental Health Services in Nepal (Government Sector)

Name of the Hospitals/ Institutions	MENTAL HEALTH TEAM Pschiatrist/Psychologist		
	Sanctioned	Filled	Available
1. Mental Hospital (50 beds)	4	4	4
2. Bir Hospital (toal beds 350)	1	1	1
3. Western Regional Hospital. Pokhara (total beds 150)	2	1	1
4. Referral Hospitals			
(i) Koshi Zonal Hospital (total beds 100)	2	1	1
(ii) Narayani Zonal Hospital (total beds 142)	2	x	x
(iii) Janakpur Zonal Hospital (total beds 50)	1	x	x
(iv) Bhaktapur Zonal Hospital (total beds 50)	1	x	x
(v) Lumbini Zonal Hospital (total beds 100)	1	x	x
(vi) Bheri Zonal Hospital (total beds 100)	1	1	x
(vi) Seti Zonal Hospital (total beds 50)	1	x	x
(vii) Dharan BPKIHS (toal beds 350)	2	1	1

Mental Health Human Resouce in Nepal

Mental Health Human Resources	Number of specialist
Psychiatrist Nepalese 21 Nepalese working abroad 3 Foreigner 6	30
Clinical Psychologists (Foreigner)	2
Psychiatric Nurses	6
Occupational Therapist (foreigner)	1

Proposed official allocation of hospital bed for Psychiatry in different categories of hospitals

Hospital types	Proposed Number of Psychiatric beds allocated
50 beded	2
100 beded	2
150 beded	5
200 beded	5

Facilities for Mental Health Services in Nepal

Indoor Psychiatric Services At	Number Of Psychiatric Beds
Mental Hospital, Lalitpur	50 (39 Functional)
T.U. Teaching Hospital, Kathmandu	12
Bir Hospital, Kathmandu	6
Patan Hospital, Lalitpur	X
Birendra Army Hospital, Kathmandu	25
Dependra Police Hospital, Kathmandu	6
Western Regional Hospital, Pokhara	3
BPKIHS, Dharan	4
Manipal Medical College and Teaching Hospital, Pokhara	X
Nepal Medical College and Teaching Hospital, Kathmandu	
Koshi Zonal Hospital	2
Private Hospitals -provides both inpatient and out patients care for mentally ill people	
National Hospital	
Medicare	
Kathandu Model Hospital	
Om Nursing Home	
Non Governmental Organizations	
Asha Deep (Rehabilitation Center)	
Navajeevan Kendra (center for mental retardation)	
Temple of Health, Kathmandu	

Other Privately Run Satellite Clinics

Satellite Clinics Bharatpur Bhairahawa Butawal Pokhara Hetauda	Once or twice a month clinical services through private health centers provided by qualified psychiatrists
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Academic Training on Mental Health in Nepal

Hospital Institution	Name of Degree(s)
T.U. Teaching Hospital, Kathmandu	M. D. Psychiatry, M.B.B.S., M. Phil Clinical Psychology,
BPKIHS	M. D. Psychiatry, M.B.B.S.
Nepal Medical College, Kathmandu	M.B.B.S.
Manipal Medical College, Pokhara	M.B.B.S.